

Amaryllidaceae (Liliaceae) - Lily Family

Chives, garlic, leek, onion

Brassicaceae (Cruciferae) - Mustard Family

Broccoli, Brussel sprouts, cabbage, cauliflower,
Chinese cabbage, collards, horseradish, kale,
kohlrabi, mustard, radish, turnip

Chenopodiaceae – Goosefoot Family

Beet, chard, lamb's quarters, orach, quinoa, spinach

Compositae (Asteraceae) – Sunflower Family

Artichoke, cardoon, endive, Jerusalem artichoke,
lettuce, salsify, sunflower

Cucurbitaceae – Gourd Family

Chayote, cucumber, gourds, luffa, melon, pumpkin,
squash

Graminae (Poaceae) – Grass Family

Broom corn, corn, grains

Labiatae (Lamiaceae) – Mint Family

Basil, mints

Leguminosae (Fabaceae) – Pea Family

Bean, lentils, pea, peanut, soybean

Solanacea - Nightshade Family

Eggplant, peppers, potato, tomatillo, tomato

Umbelliferae (Apiaceae) – Parsley Family

Carrot, celery, chervil, coriander, dill, fennel, parsley,
parsnip